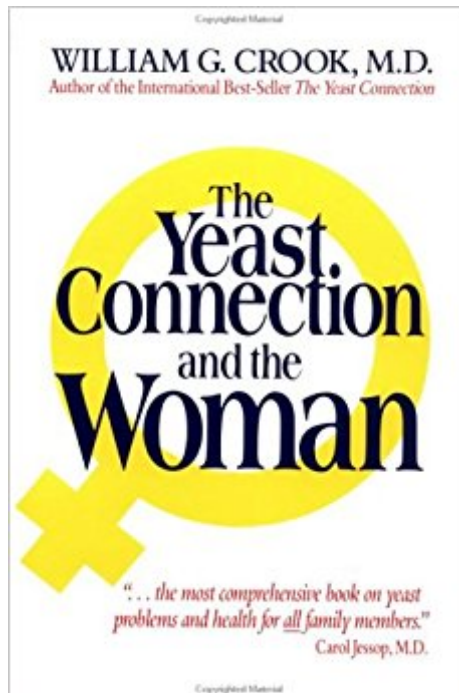




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# The Yeast Connection And The Woman



## Synopsis

A growing number of women suffer from chronic health disorders that seem to defy treatment, with problems ranging from vaginitis to migraines and depression. Now, hope is at hand in the completely revised and updated *The Yeast Connection and Women's Health*. Included is vital information on prescription and nonprescription antifungals, lifestyle changes, dietary modifications, and nutritional supplements—all presented in easy-to-understand language with real examples of women who restored vibrant health to their lives. --This text refers to an alternate Paperback edition.

## Book Information

Paperback: 732 pages

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## Customer Reviews

Dr. Crook was one of my nutritional heroes. I am constantly amazed at his prophetic insights into yeast-related problems. -- Ann Louise Gittleman, Ph.D., C.N.S., Author, *The Fat Flush Plan* and *Before the Change* Dr. Crook's advice can restore optimal health! -- Christiane Northrup, M.D., Author, *Women's Bodies, Women's Wisdom* If women want to truly be healthy, my recommendation: every woman should read this book! -- Joseph Mercola, M.D., Director, mercola.com No one has done as much to educate people and the medical profession about yeast-related health problems as Dr. Crook. -- Leo Galland, M.D., Author, *Power Healing* and Director, Center for Integrated Medicine This is a must read for every woman who has health issues, wants to be prepared for health issues. -- Judith Rajhathy, B.A., D.Ac., R.N.C.P., author of *Free to Fly: A Journey Toward Wellness*

The Yeast Connection and Women's Health is an update of the best-selling classic The Yeast Connection and the Woman, by the pioneering Dr. William "Billy" Crook, whose yeast-fighting legacy Dr. Dean is now continuing.

Learning to conquer the devastating effects of yeast overgrowth has saved my health/life.

Traditional medicine doesn't seem to be totally on board with this issue. Learning how to recognize and control yeast infections is of major importance. This book and others on the same subject are of GREAT value.

The Yeast Connection and Women's Health Has given me more information for tackle this on going problem was very helpful

Helpful book to go along with "Tired - So Tired!" also by Dr. Crook. Has really helped me turn my life around just by the elimination of about 8-10 foods and then one by one introducing them back in to figure out which was causing me problems. I feel like a new person after years of doctors visits that produced nothing!

This is a must have book if you struggle with yeast overgrowth! My mom has this book and I have borrowed it several times; as a natural/holistic doctor I definately recommend this book! Lots of great information to help you understand the issue more and be able to overcome it! I finally bought myself my own copy! :)

Great information in this book! Confirms what I learned in school. As a certified ND, it is validation that the MD's finally catch up to what we have known for years!!!

good

I read this book and my kindle is changed! I saw myself!! Now I'm getting to work on the new me!

Good info book per our daughter.

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